

TULLAWONG TALES

TERM 4 2019

EDITION 14



ADDRESS:

Tullawong State School
60 - 94 Smiths Road
Caboolture Qld 4510

TELEPHONE NUMBERS:

Office:

5431 4666

Fax:

5431 4600

Absentee Line:

5431 4660

The Hub (Special Ed Unit):

5431 4681

Tuckshop:

5431 4629

Uniform Shop:

5431 4631

EMAIL:

admin@tullawongss.eq.edu.au

WEBSITE:

www.tullawongss.eq.edu.au

FACEBOOK:

www.facebook.com/TullawongSS



Great State
Great Opportunity

DATES TO REMEMBER

Thursday 5 th December	Hub Christmas Concert
Friday 6 th December	Year 6 - Orientation Day at TSHS
Monday 9 th December	Year 4 & 5 - Chermside Aquatic Ctr
Tuesday 10 th December	Year 1, 2 & 3 - Movies
Tuesday 10 th December	Year 6 - Wet n Wild
Wednesday 11 th December	Year 6 - Graduation
Wednesday 11 th December	Meet your 2020 teacher
Wednesday 11 th December	Report cards issued
Friday 13 th December	Last day of Term
Tuesday 28 th January	First day of Term

TUCKSHOP

A LIMITED MENU WILL BE AVAILABLE

THROUGH THE BAG SYSTEM ONLY ON

MONDAY 9TH, TUESDAY 10TH & WEDNESDAY 11TH DECEMBER

(ON-LINE ORDERING WILL NOT BE AVAILABLE

THE LAST WEEK OF SCHOOL)



THE TUCKSHOP WILL BE CLOSED

THURSDAY 12TH & FRIDAY 13TH DECEMBER

PRINCIPAL'S SAY

"Good Morning. How are you?"

"Really good. Thanks for asking. I hope you have a great day."

"Can I help you carry that?"

"Thank you so much. That was very kind. Can I get you a cup of coffee?"

"Hey why are you looking so sad? Come and play with us."

"Thank you for asking me. I was feeling really down and now I feel much better. I'm going to tell my mum you helped me be happy!"

The above conversations are examples of manners and kindness. Kindness has been my theme for the term in my conversations with students. The examples I have given above show how manners and kindness often lead to immediate payback. Kindness is the most universal and inclusive language. Mark Twain probably explained this in the best way possible when he said, "Kindness is a language which the deaf can hear and the blind can see."

Things like a smile, a soft touch, kind words etc are things which don't cost anything but can be the most valuable gift a person receives. Kindness is at the core of every human being and we need to ensure we show this whenever we can. One of the skills of kind people is 'FORGIVENESS'. The capacity to forgive is one of the greatest virtues of great people. Kind and wise people also know that those being hurtful and unkind are themselves troubled individuals. As I have said to students, happy and loving people do not hurt others. Only those that have internal pain express anger and manifest their pain through hurting others. The capacity for kind and loving people to understand this and then forgive those being hurtful to them is a sign of wisdom.

The next time someone is rude or unkind to you, see it not as an attack on you, but an opportunity to help someone that has been hurt. For our children and other young people, it is our responsibility as parents and teachers, to model kindness and respect. We all know the world will be a better place if we show kindness and respect so let's commit to doing better. Wherever you are, do your little bit of good to those around you and build little pieces of the world we can link together to envelope the world in kindness for the future of all children.

Have a great week.

Regards
Iqbal Singh
Principal

LOWER SCHOOL

There are many exciting events occurring around the school at this time of the year. Staff are working hard on completing assessments and writing report cards.

Please remember that if you would like to speak with your child's teacher, please make a time to see them after school, as the mornings are very busy. Staff are working hard on setting up the program for the day.

Our Prep students are getting really excited about moving to Year 1. Our Prep and Year 1 teachers have created and are using a 'Passport' to support transition to Year 1. Prep students are given a number of opportunities to go to a Year 1 classroom, eat in the Year 1 area and play on the Year 1 fort - all of these activities will help to set students up for success in 2020.

Year 1 held a marvellous 'Art Gallery' last week. A huge amount of effort was put into creating art works and setting up the art gallery. Thank you to all of the staff and students for your contribution to the gallery. I would also like to thank the parents who were able to make it on the day to come and see their students' work. I know it was very impressive. Well done!! (See photos below)

PREP 2020

If you have a student, or know a family that has a student that will be commencing Prep next year, and they have not submitted an enrolment form, please encourage them to come to the office as soon as possible to make a time for enrolment. Classes are currently being organised and finalised for 2020.

Tracy Hetherton
Deputy Principal
Year 1, 2 & 3

UPPER SCHOOL

FINISHING THE YEAR POSITIVELY

We are now past half way through term 4 and there are a number of plans and events coming up for students and families to actively participate in and celebrate. Classes and year levels are progressively sending home notes with details and reminders on See-Saw and DoJo. Parents and carers are asked to work in partnership with confirming some common and important messages so that all children complete the year in a positive way:

- A continued commitment to actively engage in the classroom program is needed on a daily basis. This includes being respectful to all people and solving problems calmly.
- Appropriate behaviour is required in the playground at all times as well as on the way to and from school.
- Students need to maintain the dress code. Each student is required to continue to wear their school uniform. This not only maintains the school's standing in the community, but also ensures appropriate dress for all school activities.

Helen Williams
Deputy Principal
Year 4, 5 & 6

oneplace

Community Services Directory

Parenting is rewarding, but it sure can be tough.

When you need an extra hand keep in mind that Queensland has heaps of professional support services.

You can find them at <http://www.oneplace.org.au>

CHRISTMAS IN THE HUB

It's a time for celebration!!

Hub students will be performing at our Christmas Concert. High tea will be provided after the Concert.

DATE: Thursday 5th December
TIME: Starts at 9:30am
WHERE: Hall

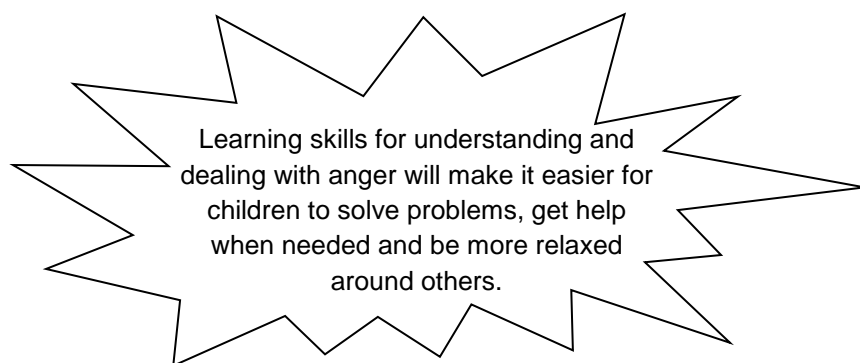


FROM THE GUIDANCE OFFICER

HELPING CHILDREN LEARN TO MANAGE ANGER

Children's angry behaviour is often difficult to deal with because it stirs up feelings of anger and annoyance in others. It can also frustrate parents and carers when anger is used to push them away.

Everyone feels angry at times. Parents and carers can help children learn how to cope with anger in positive ways by teaching them to be aware of feelings, to find appropriate ways to express them, and to identify and solve the problems or frustrations that lead to angry feelings.



How Parents and Carers Can Help

Be aware of feelings

Children need to learn that having angry feelings is normal and okay, but that reacting aggressively towards others when you're angry is not. Adults can help children become aware of feeling annoyed, frustrated, angry or furious by naming feelings. Learning to say, "I'm feeling angry" or "I'm really frustrated" gives children a way to separate feeling angry from how they react.

Time to talk

Talking to Dylan about what has put him in an angry mood will help him see that feelings have causes and that solutions can be found. Once you find out what he was angry about you can help him think up better ways to handle the problem. This kind of conversation doesn't work while he is really angry. Sometimes it must wait until later. Children often find it easier to talk in informal situations where they feel less pressure. Find a relaxed time to talk to children about feelings. Asking, "What makes you angry?" can be a good way of starting a conversation about anger.

Find alternatives

Getting children to think through a difficult situation helps them develop problem solving skills. Asking, "Is that what you wanted to happen?" or "What else could you have tried?" encourages children's helpful thinking. Thinking of alternative solutions helps children plan different ways of reacting next time. Be sure to praise their efforts.

Have ways to calm down

When emotions are strong, it is easy to act without thinking. Encourage your child to take control and allow time for the emotions to subside. Walking away, using a quiet spot to think or doing something else like riding a bike or listening to music, are all activities that can assist in reducing strong emotions.

'Cool Down' Steps to Teach Children

1. Recognise that you are angry

- Notice the body signals that mean you're angry, such as getting hot, heart racing, tense muscles etc.
- Give a number from 1 to 10 to show how angry you are.

2. Cool down your body

- Breathe slowly.

- Take time-out in a quiet place.
- Go for a walk, do something physical.
- Draw how you feel.

3. Use coping self-talk

- "It's ok. I can handle this."

4. Try to solve the problem

- Talk to someone who is a good listener.
- Plan what to do next time.



Adapted from www.kidsmatter.edu.au

Pam Whitby
Guidance Officer

INSTRUMENTAL MUSIC NEWS

RECRUITING 2020

Last term all Year 2/3 students were treated to a performance by the existing instrumental music students so that they could hear and see what instruments will be available for them to learn next year. At the completion of the performance, all students were given a letter to take home asking them whether they would like to join the Instrumental Music Program for 2020. This letter explains what is expected if your child wishes to learn either a woodwind, brass or percussion instrument (Year 3), or a Stringed instrument (Year 2).

If your child is interested in learning a musical instrument can you please send it back to school **as soon as possible** so that they may progress through to the next stage of the recruitment process. I will commence individual testing on each instrument, with each child during this term. Please note that becoming a member of the school Instrumental Music Program is a financial and time commitment and must be fulfilled for the entire 2020 school year.

If your child is in Year 4/5 and might be interesting in learning a musical instrument, please come and see either myself (Monday) or Mrs Cooper (Thursday) in the Instrumental Music Studio, located in the music block to collect an 'Expression of Interest' form.

CONTINUING STUDENTS

For those students who are current members of the school Instrumental Music Program, please fill out the continuing letter with your intentions for 2020 and return to myself, Mrs Cooper or the school office.

Mrs Corinne McNeill
EST - Instrumental Music

Heidi Cooper
Instrumental Music Teacher



By now, you know I'm a big fan of Christmas. Here are some money tips for the next few weeks: *Kristen Hartnett, Salvation Army Moneycare Counsellor, shares her plan to cut the financial stress out of your Christmas.*



Tips to help you through the stress of Christmas shopping

1. Start early

Don't wait until the tinsel is up and the carols are playing - start planning your Christmas as early as possible. This will give you more time to set aside money and look for the gifts you want at pre-Christmas sales.

2. Squirrel your money away

Do you have a Christmas savings account? If not, create one. Even if it's a simple "change jar" for coins that you bank at the end of the week, it all adds up and will give you a good head start for your Christmas spending.

3. Remember

Think back to last Christmas. Where did you overspend? Write down what you would like to do better this year.

4. On the hunt

Take a look around your house - do you have presents stored for future use? Note what you already have so you don't forget.

5. Plan

Make a list. Who do you need to buy gifts for this year? (Check off gifts you already have.) What food items will you need to buy? Don't forget to budget for wrapping paper, cards, petrol for long drives or anything else you will spend money on at Christmas that you don't include in your weekly expenses.

6. Discuss

Christmas is a time for connecting with those we love. Speak to friends and family members to set up realistic expectations: "Who is buying for whom?" "Around how much money will be spent on each gift?" (Often it is easy to cut down expenses on children's gifts.)

7. Create

Homemade gifts lower expenses and are a wonderful, unique expression of your love. Freshly baked treats tied in a festive bow might make the perfect gift for a teacher or friend; hand-sewn or knitted baby toys or clothes are cherished. Show off your talents with creative wrapping - affordable presents can look extravagant.

8. Check

Now you have checked your home for already-purchased gifts, discussed with family and friends the expectations at Christmas time, and made a list of items you need to buy or create, take a moment to check your list one last time. Is everything there? Are there any other ways you can save?

9. Do the sums

Carefully add up each item in your list. Then add a buffer of about 10 per cent to the final tally to account for emergencies or anything you may have forgotten. Consider the final dollar figure and work out how many weeks you have left before Christmas. Can you save that much money in time? If not - where will you reduce expenses? (You may need to go back and re-do some of the earlier steps in this process.)

10. Shop

The very last step in the process is to go shopping! Stick to your list and your budget, using your savings - not credit cards - to make your purchases.

Remember, the cost of a gift is not a reflection of your love. Not only are the best things in life free, the best things in life are not "things".

If you do get into financial difficulties The Salvation Army Moneycare service can help. The financial counselling service provides help free of charge. Visit salvos.org.au/moneycare for more information.

Hope this makes things easier for you.

Mrs Castles

Chaplain to the stars. ✨

LIONS "CHILDREN OF COURAGE" AWARDS

On Wednesday 21st November, Tullawong celebrated the Lions "Children of Courage" Awards. Nine Tullawong students received awards.

The selected children, parents/carers/grandparents and close friends had a very moving ceremony including a documentary of individual student achievements and presentation of engraved medals, certificates and "Lioness Bears." The awards were followed with a morning tea to celebrate.

Tullawong State School is so very grateful to be working in partnership of the Lioness Club of Caboolture in recognising the achievements of students who have successfully overcome barriers that they have faced in the world. Thank you to the students, their families and friends for your valued contribution.

The benefits to the child from receiving this award include:

- Acting as an encouragement for their future
- Helping the to believe in themselves
- Helping to increase their self-worth

Special mention go to Barbara, Cheryl and all the wonderful women from the Caboolture Lioness Club who made this celebration so worthwhile. The Tullawong community were thrilled to play a part in this wonderful Lions Project.





END OF YEAR CELEBRATIONS

Year 1, 2 & 3 – Movies @ Morayfield Event Cinema – “The Addams Family”

When: Tuesday 10th December
 Depart TSS: 9:00am
 Return TSS: 12:00pm
 Cost: \$14
 Due: Thursday 5th December

Year 4 & 5 – Chermside Water Park

When: Monday 9th December
 Depart TSS: 8:50am
 Return TSS: 2:20pm
 Cost: \$16.50
 Due: Wednesday 4th December

Year 6 – Wet n Wild

When: Tuesday 10th December
 Depart TSS: 7:30am (must be at school by 7:10am)
 Return TSS: approx 7:00pm/7:30pm
 Cost: \$37
 \$18 for season pass holders (must bring pass with them on the day)
 Due: Wednesday 4th December



Full school uniform must be worn to each excursion.

INDIGENOUS NEWS

Dear Parents and Caregivers,

First of all I would like to introduce myself to our Tullawong Indigenous Community. My name is Aleisha Johnson a Nyoongar woman from the Yamiji mob. It has been my pleasure over the last few months working with the students this term.

We have had lots of changes happening including the ARTIE Program. This initiative is to assist students and their families with increasing their attendance. Misha is the representative we have had in this school on Mondays and Wednesdays 10am-2pm, we look forward to seeing her next year.

We are about to head in to the final stages of transitioning our students to various high schools and more importantly having our Graduation for the Year 6 students. It's been awesome to work with these students as they are learning and growing, and having a respect for their culture.

Our school would like to invite elders and community members to contact me if you have any cultural activities that you would like to see being implemented in our school and if you would like to volunteer your time, knowledge and skills. I would appreciate your assistance.

As part of Language other than English Curriculum (LOTE) this school has the opportunity to provide indigenous language and would like to offer this to members of our school community. If you are interested please contact myself or the school as soon as possible to begin next year on a contract basis 2-3 days per week.

Community is doing life together!

I look forward to working with you in 2020.

Aleisha Johnson
ajohn839@eq.edu.au

P&C NEWS

Homestyle Bake Festival Fundraiser orders are due Monday 2nd December to the tuckshop. Pick up Tuesday 10th December 2:00pm - 4:00pm.

Looking for volunteers to help in the tuckshop, uniform shop and fundraising activities please see the tuckshop for more information.

Thank you for your support throughout 2019.
Tullawong State School P&C Association



Tullawong State



School is Launching a Student Resource Scheme (SRS) for 2020

This means ease and convenience for parents. The school will purchase all the necessary items that your child will require for their schooling year and you will pay either a one off fee in full or choose to pay in installments.

We thank-you for your patience while we have been sourcing the best deal for you.

PRICES ARE AS FOLLOWS:

Prep	\$120
Year 1	\$130
Year 2	\$120
Year 3	\$100
Year 4	\$120
Year 5	\$120
Year 6	\$120



Pricing slightly varies depending on the needs of the year level.

This price also includes science consumables, a \$5 administration fee, classroom workbooks and worksheets (200 printed copies), art and craft (non-curriculum related), calculator – Sharp EL-243 (basic solar) with cover, dictionary, thesaurus (in relevant year levels)

If you choose **NOT** to participate in the scheme, you can access a book list from the office. You will then either need to provide the miscellaneous items mentioned above and at the bottom of the book list or pay for them at the office.

Forms will be sent home from Monday 25th November.

YEAR 1 ART



STUDENT ABSENCES

ABSENCES:

To notify student absences please select one of the following:

- Phone the student absence line: 5431 4660
- Phone the school: 5431 4666 and select option 1
- Written letter from parent/carer



If we are not notified of an absence by 10:00am we will text parents/carers as a reminder. It is essential you reply to this text with student's name, class and reason to stop follow up texts being sent and an unexplained absence being recorded.

LATE ARRIVALS:

All students arriving after 8:40am must obtain a late slip from the Communication Room. Students will be marked absent until a late slip has been generated. You may receive a text to notify you of your student's absence if there is a delay in obtaining a late slip.

EARLY DEPARTURES: *** new procedure *** *** new procedure *** *** new procedure ***

If you are collecting your child before 2:35pm you should pre-arrange this by sending a note or advising the teacher in the morning to send them to the office at the time of collection. In emergency cases where you need to come to the school please call so your child is ready at the office upon your arrival.

Parents must wait at the office for students as adults are not authorised to walk through the school. Please be aware if you arrive during a lunch break you may need to wait until students return to class.

LONG ABSENCES:

For absences longer than 10 days parents must complete an **Application for Exemption form** which will be submitted to the Principal for consideration and approval. These forms are available from the School Office.

 <p>Keep up to date with what's going on at Tullawong State School</p> <p>Find us on Facebook! www.facebook.com/TullawongSS</p>	<p>SWOOP CAFÉ</p>  <p>Monday to Friday</p> <p>8am – 10am 1pm – 3pm</p>	 <p>Meetings held last Monday of the month Hall Meeting Room 6:00pm</p> <p>Uniform Shop Hours: Monday - Friday 8am to 10am 1pm to 2:30pm</p>	<p>STUDENT SUPPORT STAFF</p> <p>Guidance Officer Pam Whitby</p> <p>Chaplain Ronni Castles (Mon - Wed)</p> <p>Indigenous Co-ordinator Misha & Aleisha</p>
--	--	--	--

FINAL MARKETS FOR TULLAWONG SS

6th December 2019

Support Local &
Handmade this
Christmas!

These markets will be held in
our Hall so will go ahead
rain, hail or shine!

MONSTER TRUCKS
\$10 a ride



Many stalls including...

- Doughnuts
- Candy stall
- Handmade timber toys
- Dreamcatchers
- Wall art
- Face painting
- Jewellery
- Plants
- And many more!

**YUMMY BBQ GOODIES
and MR. SINGH'S FAMOUS
BUTTER CHICKEN!**

FULL THROTTLE
STUNTS



FREE AND LIVE
STUNT SHOWS
FROM 3PM



Tullawong State School

Uniform Times 2020

Wednesday 22nd
7.30am-1.30pm

Thursday 23rd
2.00pm-7.00pm

Friday 24th
7.30am-1.30pm

Café will be
open during
these times
for all your
yummy
needs!



28th – 31st January

8.00am-10.00am

1.00pm-3.00pm





Tullawong Family Playgroup

Every Thursday during Term

8:30am – 10:30am at Tullawong SS 'The Hub'

For more information please contact

Trish on 5431 4666

Please bring a hat, water bottle and morning tea

Our Playgroup is open to ALL members of our local community





Welcome to Term 4 at Tullawong
To all the wonderful staff and families of Tullawong
State School, on behalf of the staff at Helping Hands
we would like to wish you all a very Merry Christmas
and look forward to seeing you in the New Year.

Absences

*If your child is absent from School for any reason or leaves
early and they are booked in to After School Care
you need to let us know. Please call or text 0447 028 132 to
notify our staff at Helping Hands. To ensure your
child's safety we need to locate your children within 30
minutes of school ending and once this time has passed our
policy is to notify the police as your child is deemed missing.*



2020 bookings open

If your children do not currently attend and would like to
come to our before, after school or vacation care program
you can now register online at
www.helpinghandsnetwork.com.au
Or for further assistance give our friendly accounts team a
call on 1300 612 462

Bookings for 2020 are now open so ensure you have booked
or rebooked your care requirements for next year.



What's happening?

This term saw the children develop skills using tools, they are learning how to role play, and discovering their artistic creativity

The children also enjoy playing out in the fresh air.

Helping Hands at Tullawong become a sun-smart centre with the Cancer Council.

The children also get lots of physical fitness & parents are more than welcome to join in.

Look forward to talking to you all soon.



Helping Hands will be taking part in a school community breakfast next week so please come along and say hello.



Welcome Miss Rachel



Tullawong | 0447 028 132
helpinghandsnetwork.com.au



Join us as we celebrate the spirit of Christmas

Caboolture Bus Lines is getting into the Christmas spirit by running Christmas Light Tours. A gold coin donation is all that is required to secure your seat for a great evening out. All money raised will be donated to the Caboolture Salvation Army Annual Christmas Lunch for the homeless and disadvantaged.

Dates:

Friday, 13 December 2019 and Saturday, 14 December 2019

Friday, 20 December 2019 and Saturday, 21 December 2019

Departure Times:

6:00pm from Stop E at Caboolture Train Station

6:30pm from Caboolture Bus Lines Depot – 38 Aerodrome Road, Caboolture

Return Time (approximate):

10:15pm at Caboolture Train Station

10:30pm at Caboolture Bus Lines Depot – 38 Aerodrome Road, Caboolture

A light supper will be provided.

Book your seat by contacting CBL by 11 December 2019 on 07 5495 4744 or email admin@cbus.biz before seats run out.



Caboolture
Bus Lines



The poster features a rustic wooden background with a large, illuminated gold star at the top. The star is made of many small lights. The text is arranged in a central, slightly overlapping manner. The church name is at the top left, the event title is in the center, and the date and time are in large, bold letters below. The bottom section contains details about the event activities, location, and website. The overall theme is festive and community-oriented.

DESTINY
CHURCH

COMMUNITY
Christmas
CELEBRATION

SAT | **07** | **DEC**
5PM | | **2019**

FOOD - CAROLS - JUMPING CASTLE - AND MORE!

94 PARISH ROAD, CABOOLTURE, 4510
<https://idestiny.org.au/upcoming-events>



8TH DECEMBER
CHRISTMAS
CAROLS



**AFTERNOON
FESTIVAL
4:30PM**

**CAROLS
6:45PM**

• **FOOD • RIDES • FUN • FREE ENTERTAINMENT • CAROLS •**



CABOOLTURE
BAPTIST CHURCH
CORNER GRANT & TORRENS RD